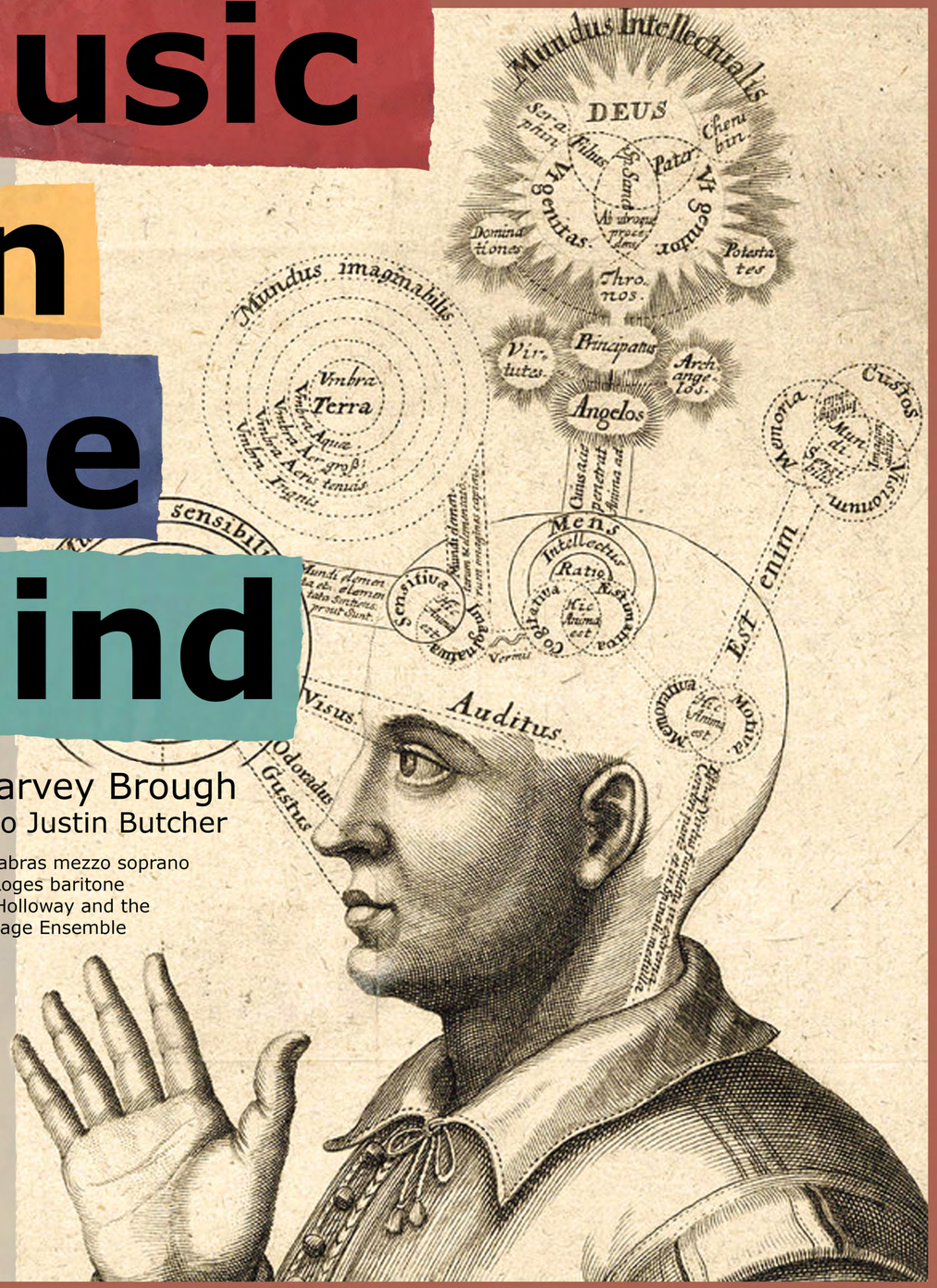
Music on the Mind



By Harvey Brough
Libretto Justin Butcher

Clara Sanabras mezzo soprano
Stephan Loges baritone
with Vox Holloway and the
David le Page Ensemble

10th Anniversary Season

Vox Holloway

Sunday 24 November 6.30pm

SHOREDITCH TOWN HALL
OLD STREET, LONDON, EC1

Tickets: £20/£12 (£18/£10 concession under 18s/unwaged)
www.shoreditchtownhall.com

Music on the Mind is a two-part exploration of the complex and sensitive issues surrounding mental health.

The first half creates musical settings of poetry by people considered to be mad in their time. Through the words of John Clare, Samuel Taylor Coleridge, Emily Dickinson and others, we explore the experience of 'madness' and the creativity that can emerge from the struggle to cope with it.

The second half is based on Kay Redfield Jamison's ground-breaking memoir, An Unquiet Mind, a frank and often funny account of her struggles with manic depression, otherwise known as bipolar disorder.

Stephen Fry acclaimed her as one of his personal heroes, and described Music on the Mind as **'a simply fantastic project'** at its premiere in 2015.

This performance will bring together over a hundred voices, from Vox Holloway and the Maudsley Hospital's Mind and Soul Choir, together with mezzo soprano Clara Sanabras, baritone Stephan Loges and the David le Page Ensemble.

Much Madness is divinest Sense -
To a discerning Eye
Emily Dickinson

Nobody knows
and no-one says...
Kay Redfield Jamison